



# ICPLTL 2024

# 3<sup>rd</sup> INTERNATIONAL CONFERENCE ON PSYCHOLOGY FOR LANGUAGE TEACHERS AND LEARNERS

Istanbul Medipol University – October 25-26, 2024

# ISTANBUL / TURKEY

icpltl.medipol.edu.tr



## ORGANIZING AND ACADEMIC COMMITTEE

#### HONORARY CHAIRS

**Prof. Ömer Ceran**, *Rector*, *Istanbul Medipol University*, *Turkey* **Prof. Servet Bayram**, *Dean*, *Faculty of Education*, *Istanbul Medipol University*, *Turkey* 

#### **CONFERENCE CHAIRS**

#### Aynur Kesen Mutlu

Aynur Kesen Mutlu is an associate professor of English Language Education in the Department of English Language Teaching, and the Vice Dean of Faculty of Education, Istanbul Medipol University.

#### Mehdi Solhi

Mehdi Solhi is an associate professor of English Language Education in the Department of English Language Teaching, Istanbul Medipol University, Turkey.

#### **ORGANIZING COMMITTEE**

Assoc. Prof. Aynur Kesen Mutlu, Istanbul Medipol University, Turkey Assoc. Prof. Mehdi Solhi, Istanbul Medipol University, Turkey Assist. Prof. İlknur Eğinli, Istanbul Medipol University, Turkey Research Assistant Belkıs Benlioğlu, Istanbul Medipol University, Turkey Research Assistant Mürselin Taşan, Istanbul Medipol University, Turkey

#### ACADEMIC COMMITTEE

Ali Derakhshan, Golestan University, Iran Christina Gkonou, University of Essex, The United Kingdom Farzaneh Shakki, Golestan University, Iran Ju Seong Lee, The Education University of Hong Kong, Hong Kong Kenan Dikilitaş, University of Bergen, Norway Lawrence Jun Zhang, University of Auckland, New Zealand Luke Plonsky, Northern Arizona University, The United States Majid Elahi Shirvan, Bojnord University, Iran Mariusz Kruk, University of Zielona Góra, Poland Mirosław Pawlak, Adam Mickiewicz University, Poland Mostafa Papi, Florida State University, The United States Yasser Teimouri, Boğaziçi University, Turkey



# FRIDAY, OCTOBER 25, 2024

08.30-9.30Conference Registration9.30-9.40Opening Remarks

| 9.45-10.30  | Plenary Session: Kata Csizér  |
|-------------|---|
|             | Towards a problem-based second language teaching paradigm:<br>Teachers' and students' views |
| 10.30-10.45 | Coffee Break  |
| 10.45-11.15 | Invited Speaker Session: Selami Aydın   |
|             | Positive psychology and language learning   |
|             |   |

### 11.20-12.20 CONCURRENT SESSIONS 1

|  | Moderator: Mehdi Solhi  |
|--|---|
| Conference<br>Main Hall<br>(11.20-12.20) | Mirosław Pawlak & Elouise Botes & Mariusz Kruk<br>Towards more effective measurement of in-class boredom: The short<br>form of the Foreign Language Boredom Scale |



|               | Moderator: Mürselin Taşan  |
|---------------|--|
|               |  |
|               | Cem Mehmet Bakır & Enisa Mede  |
|               | The relationship between L2 grit, learner autonomy, and academic         |
|               | resilience in foreign language learning: A mixed-method approach         |
|               | <b>¥</b>   |
|               | Merve Basmaz   |
| Room A        | Individuality and differentiation in ELT coursebooks                     |
| (11.20-12.20) | <b>Y</b>   |
| (             | Mürselin Taşan   |
|               | Fostering self-regulation skills and academic writing achievement        |
|               | in blended learning contexts   |
|               | Moderator: Gizem Mutlu-Gülbak  |
|               |  |
|               | Semin Kazazoğlu & Mesut Başdemir   |
|               | <i>Cultivating emotionality of pre-service EFL teachers through</i>      |
| Room B        | translanguaging  |
| (11.20-12.20) | <b>&gt;</b>  |
|               | Gizem Mutlu-Gülbak   |
|               | Language teacher professional curiosity: Views from Turkish EFL          |
|               | teachers   |
|               | <b>&gt;</b>  |
|               | Esma Kalpakcı & Nihan Erdemir & Derya Coşkun                             |
|               | Systematic review of emotion regulation in ESL/EFL context               |
|               | Moderator: Yousef Mousavi  |
|               | Murat Onur Sabaz & Anna Lia Proietti Ergün                               |
|               | Subtitle translation training based on translation and interpreting-     |
| Room C        | oriented language learning and teaching (TILLT)                          |
| (11.20-12.20) |  |
|               | Yousef Mousavi   |
|               | Bridging the gap: The influence of CELTA/TESOL certification on non-     |
|               | native English teachers' practical teaching knowledge and their level of |
|               | anxiety  |
|               |  |
|               |  |



| <b>Ayşe Gül Yücel &amp; Emine Taşpınar &amp; Yasser Teimouri</b><br>On the links between grit, motivation, willingness to communicate, and<br>international posture among multilinguals |
|---|
| <u> </u>  |

#### 12.30-13.30 LUNCH

| 13.30-14.15 | Plenary Session: Mariusz Kruk |
|-------------|-------------------------------|
|             | Reflecting on teacher boredom |

14.15-14.30 Coffee Break

#### 14.40-15.40CONCURRENT SESSIONS 2

| 14.40-10.40                              | CONCORRENT SESSIONS 2   |
|--|---|
|  | Moderator: Houda Khabcheche   |
| Conference<br>Main Hall<br>(14.40-15.40) | Yasser Teimouri & Somayeh Tahmouresi<br>Unraveling the interplay of shame, guilt, anxiety, joy, and L2<br>achievement<br>Adam Świątek<br>Mapping the landscape of the teacher's emotional learning using the<br>TAP framework<br>Inouda Khabcheche<br>Exploring the use of Emotional Intelligence (EQ) application trackers in<br>EFL classes: Awareness, benefits & challenges |



| Moderator: Sezgin Ballıdağ |   |
|----------------------------|---|
| Room A<br>(14.40-15.40)    | Sezgin Ballıdağ & Kenan Dikilitaş<br>Teachers in English preparatory programs: A transformation into<br>researchers<br>Translanguaging and emotional resonance: Exploring the emotional<br>impact of language practices in bi/multilingual classrooms<br>Mehmet Şengül<br>An investigation into the impact of AI-mediated non-classroom<br>activities on willingness to communicate and anxiety in the Turkish<br>context |
|                            | Moderator: Özge Köksal  |
| Room B<br>(14.40-15.40)    | Özge Köksal & Aynur Kesen Mutlu<br>Teacher empathy in language teaching: Insights for pre-service teachers<br>Yağmur Ersoy & Derin Atay<br>Teachers' changing practices of social and emotional learning: The<br>impact of an inset program<br>Y<br>Meryem Akçayoğlu & Azra Tajhizi<br>The Heartbeat of words: Humanized writing vs AI-generated texts  |
|                            |   |



|                         | Moderator: Taner Hosseini  |
|-------------------------|--|
| Room C<br>(14.40-15.40) | Taner HosseiniForeign language classroom learners' empowerment: Positivepsychology, sociocultural adaptability and anxiety coping strategies inthe modern settingIte modern settingIte modern settingIte significance of teaching emotional intelligence on teachingexperiences of pre-service teachers in Algerian higher schoolsIte Aydan IrgatoğluDoes language anxiety affect learners' cognitive processes? |

#### 15.40-16.00 Coffee Break

# 16.00-16.45Workshop Session: Ufuk Keleş & Özkan KırmızıThe creative use of reflexive poetry in mining out emotions in<br/>ELT research

#### 16.45-17.45 CONCURRENT SESSIONS 3

| Moderator: İlknur Eğinli                 |   |
|--|---|
| Conference<br>Main Hall<br>(16.45-17.45) | Anıl Rakıcıoğlu-Söylemez<br>Emotional literacy in EFL pre-service teachers: A scenario-based<br>practicum seminar<br><b>&gt;&gt;</b><br>Boguslawa Gosiewska-Turek<br>The impact of multisensory second language instruction on self-efficacy<br>in students with developmental dyslexia |



|                         | Moderator: Kaveh Jalilzadeh  |
|-------------------------|--|
| Room A<br>(16.45-17.45) | Adam Świątek<br>Conceptualization of the teacher's changing definition from the<br>diachronic perspective<br><b>Xuray Okumuş Ceylan</b><br>An exploration of English language learners' emotions in a Turkish<br>context: Insights from self-reported experiences<br><b>Xaveh Jalilzadeh &amp; Maryam Rastegari &amp; Mostafa</b><br><b>Nayebiastaneh</b><br>Unraveling the role of teachers' assessment literacy in their wellbeing<br>and student performances |
|                         | Moderator: Merve Oflaz   |
| Room B<br>(16.45-17.45) | El Makki Amiri<br>Is students' attitude towards the teacher linked to how much they<br>perceive teachers' boredom? The mediating role of students' boredom   |



|                         | Moderator: Esra Koç   |  |
|-------------------------|---|--|
| Room C<br>(16.45-17.45) | Ceyda Zerenay & Amjed Alrickaby   Exploring the interplay of ambiguity tolerance, enjoyment, and   engagement among higher education language learners   Image: Series and |  |

|                         | Moderator: Babak Denashvar Ghorbani  |
|-------------------------|--|
| Room D<br>(16.45-17.45) | Aydan Irgatoğlu<br>Analyzing English language teachers' awareness of assessment strategies<br>Elizabeth Sarah Coleman<br>Identity and performance in the academy<br>Mabak Daneshvar Ghorbani & Hanieh Shafiee Rad<br>The impact of robot-assisted multimodal composition on L2 learners'<br>audience awareness |

# 18.30 GALA DINNER



# SATURDAY, OCTOBER 26, 2024

9.30-10.15Invited Speaker Session: Ali DerakhshanUnveiling the psychological drivers of EFL teachers' work

# engagement: A Focus on perceived autonomy, competence, and relatedness

| 10.15-10.30                              | Coffee Break  |
|--|---|
| 10.30-11.45                              | Plenary Speaker Session: Elouise Botes  |
|  | Individual differences in foreign language learning – Does it<br>matter?  |
| 11.45-12.45                              | LUNCH   |
| 12.45-13.45                              | CONCURRENT SESSIONS 4   |
|  | Moderator: Mürselin Taşan   |
|  | <b>Majid Elahi Shirvan</b><br>Exploring emotional dynamics in L2 teacher-student interaction: A state<br>space grid analysis                      |
|  | Ewelina Mierzwa-Kamińska  |
| Conference<br>Main Hall<br>(12.45-13.45) | The emotional rollercoaster of foreign language teaching: The relationship<br>between foreign language teaching enjoyment, burnout and resilience |

|                         | Moderator: Ferhat Karanfil  |
|-------------------------|---|
| Room A<br>(12.45-13.45) | Ferhat Karanfil<br>Yes, physical immunity is crucial for viruses. How about teaching<br>immunity?<br>Seda Yaman<br>Promoting emotional well-being in ESL students: Practical strategies for<br>energized classrooms<br>Saeed Khazaie & Amir Mansour Shirani<br>Investigating the potential of artificial intelligence-driven robots in<br>cultivating socio-emotional competence in English for medical purposes<br>education   |
|                         |   |
|                         | Moderator: Elçin Şanlı  |
| Room B<br>(12.45-13.45) | Zübeyde Sinem Genç & Akın Çöp & Burak Akyol & Ümit<br>Levent Değirmencioğlu   Professional development in Turkish EFL context: Beliefs, practices, and<br>challenges in diverse educational settings   Image: State Context: Beliefs   Elçin Şanlı & Esim Gürsoy   Exploring the emotions of English language learners in a blended<br>learning environment   Image: State Context: Beliefs   Umit Levent Değirmencioğlu & Akın Çöp   The influence of the L2 ideal self on enhancing willingness to<br>communicate |

|                         | Moderator: Mehdi Solhi   |
|-------------------------|--|
| Room C<br>(12.45-13.45) | İlknur EğinliThe color of psychology in humans and language learningYasser Teimouri & Mehdi SolhiOn examining the links between shame-proneness, guilt-proneness, and<br>L2 achievement: Does gender play a mediating role?YZübeyde Sinem Genç & Cansel KıvrakExploring the impact of proficiency and gender on reading strategy use<br>among Turkish EFL learners |

|                         | Moderator: Belkıs Benlioğlu  |
|-------------------------|--|
|                         | Onur Aslan & Gizem Altıntaç & Yasser Teimouri                          |
|                         | Examining the interplay of self-regulation modes, L2 selves, emotions, |
|                         | feedback-seeking behavior, and L2 writing achievement                  |
|                         | <b>&gt;</b>  |
| Room D<br>(12.45-13.45) | Belkıs Benlioğlu   |
|                         | The search for intellectual humility in the context of L2 education: A |
|                         | phenomenological look  |

# 13.45-14.00 **COFFEE BREAK**

14.00-14.45Invited Speaker Session: Christina GkonouUnderstanding language teachers' experiences of happiness and<br/>caring

14.45-15.00 Closing Remarks

#### THE NAME OF THE PARTICIPANTS (in the alphabetical order):

Adam Świątek – University of Economics and Human Sciences in Warsaw, Poland Akın Çöp – Bursa Uludag University, Turkey Ali Derakhshan - Golestan University, Iran Amir Mansour Shirani – Islamic Azad University, Iran Amjed Alrickaby – University of Aberdeen, Scotland, UK Anıl Rakıcıoğlu-Söylemez – Bolu Abant Izzet Baysal University, Turkey Anna Lia Proietti Ergün – Yıldız technical University, Turkey Asude Özdemir – Istanbul Medipol University, Turkey Aydan Irgatoğlu – Ankara Haci Bayram Veli University, Turkey Aynur Kesen Mutlu – Istanbul Medipol University, Turkey Ayşe Gül Yücel – *Boğaziçi University, Turkey* Azra Tajhizi – University of Maragheh, Iran Babak Daneshvar Ghorbani – Iran University of Science and Technology, Iran Belkıs Benlioğlu - Istanbul Medipol University, Turkey Betül Oldaç – Boğaziçi University, Turkey Boguslawa Gosiewska-Turek – University of Opole, Poland Brygida Lika – University of Opole, Poland Burak Akyol – Bursa Technical University, Turkey Cansel Kıvrak – National Defence University, Turkey Cem Mehmet Bakır – Kadir Has University, Turkey Ceyda Zerenay – Ankara University, Turkey Christina Gkonou – University of Essex, UK Derin Atay – Bahçeşehir University, Istanbul Derya Coşkun – Süleyman Demirel University, Turkey El Makki Amiri – Mohammed V University, Morocco Elçin Şanlı – Gebze Technical University, Turkey Elizabeth Sarah Coleman – Istanbul Medipol University, Turkey Elouise Botes – University of Luxembourg, Luxembourg Emine Taşpınar – Boğaziçi University, Turkey Enisa Mede – Bahçeşehir University, Turkey Eren Doğukan Keleş – Istanbul Health and Technology University, Turkey Esim Gürsoy – Bursa Uludag University, Turkey Esma Kalpakcı – Suleyman Demirel University, Turkey Esra Koç – Boğaziçi University, Turkey Ewelina Mierzwa-Kamińska – University of Opole, Poland Ezgi Uygun – *Çamlıca Anatolian/Science High School, Turkey* Ferhat Karanfil – Ozyegin University, Turkey Gholam Hassan Khajavy – University of Graz, Austria Gizem Adeka – Bahçeşehir University, Turkey Gizem Altıntaç – Boğaziçi University, Turkey Gizem Mutlu-Gülbak – Biruni University, Turkey

Gül Pınar Ercan – Boğaziçi University, Turkey Hanieh Shafiee Rad - Shahrekord University, Iran Houda Khabcheche – Mohamed Lamine Deabghine University, Algeria Houichi Asma – Teacher Training College of Bouzareah, Algeria İlknur Eğinli – Istanbul Medipol University, Turkey Kata Csizér – Eötvös Loránd University, Hungary Kaveh Jalilzadeh – Istanbul University Cerrahpasa, Turkey Kenan Dikilitaş – *University of Bergen, Norway* Majid Elahi Shirvan – Bojnord University, Iran Mariusz Kruk – University of Zielona Góra, Poland Marko Lüftenegger - University of Vienna, Austria Maryam Rastegari – Waterloo University, Canada Mehdi Solhi – Istanbul Medipol University, Turkey Mehmet Şengül – Ankara Haci Bayram Veli University, Turkey Merve Basmaz – Istanbul Aydın University, Turkey Merve Oflaz – Istanbul Kent University, Turkey Meryem Akçayoğlu – Mardin Artuklu University, Turkey Mesut Başdemir – Yıldız Technical University, Turkey Mirosław Pawlak – Adam Mickiewicz University, Poland Mostafa Nayebiastaneh – TED University, Turkey Murat Onur Sabaz – Yıldız Technical University, Turkey Mürselin Taşan – Istanbul Medipol University, Turkey Nihan Erdermir – Süleyman Demirel University, Turkey Nuray Okumuş Ceylan – Zonguldak Bulent Ecevit University, Turkey Onur Aslan – Kütahya Dumlupinar University, Turkey Özge Köksal – Istanbul Kultur University, Turkey Özkan Kırmızı – Karabuk University, Turkey Seda Yaman – Kocaeli Sınav Koleji, Turkey Saeed Khazaie – Isfahan Islamic Azad University, Iran. Selami Aydın – Istanbul Medeniyet University, Turkey Semin Kazazoğlu – Yıldız Technical University, Turkey Sezgin Ballıdağ – Istanbul Medeniyet University, Turkey Somayeh Tahmouresi – *Boğaziçi University, Turkey* Taner Hosseini – Istanbul Kultur University, Turkey Ufuk Keles – Bahcesehir University, Turkey Ümit Levent Değirmencioğlu – Bursa Technical University, Turkey Yağmur Ersoy – Ozyegin University, Turkey Yasser Teimouri – Boğaziçi University, Turkey Yousef Mousavi – *MEF High School, Turkey* Zübeyde Sinem Genç – Bursa Uludag University, Turkey